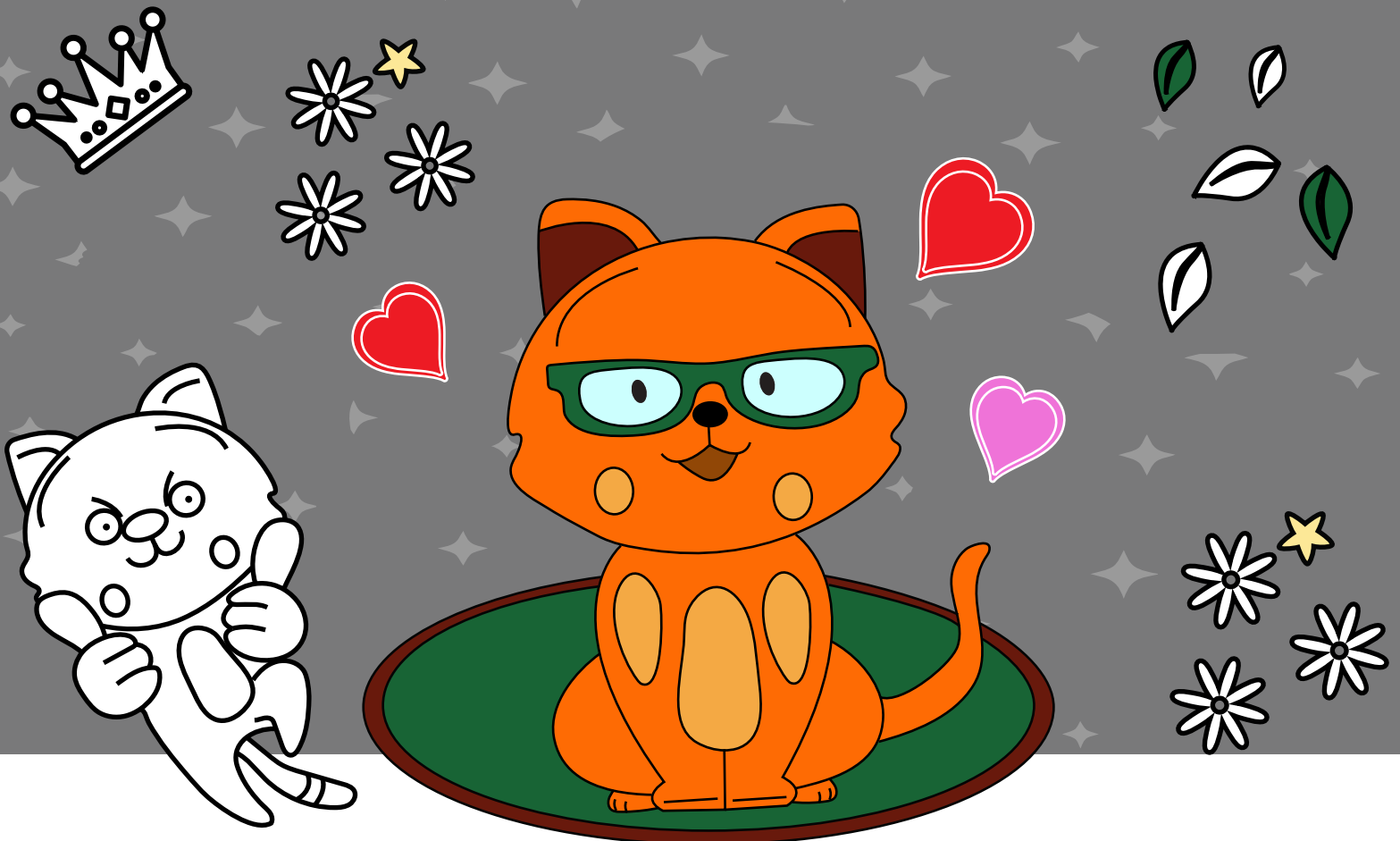




# 38



## SELF ESTEEM AND CONFIDENCE BOOSTING COLORING ACTIVITY FOR KIDS



## HELLO SELF ESTEEM

This book belongs to

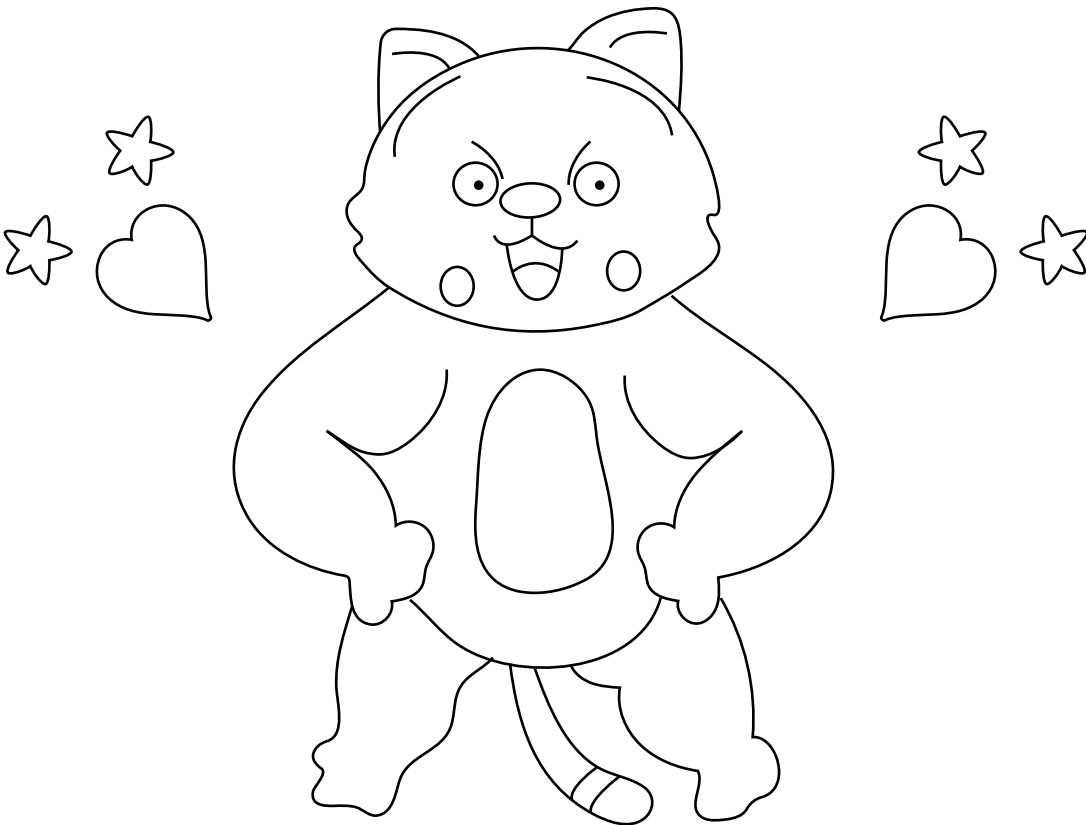
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  Hello   
Self Esteem 

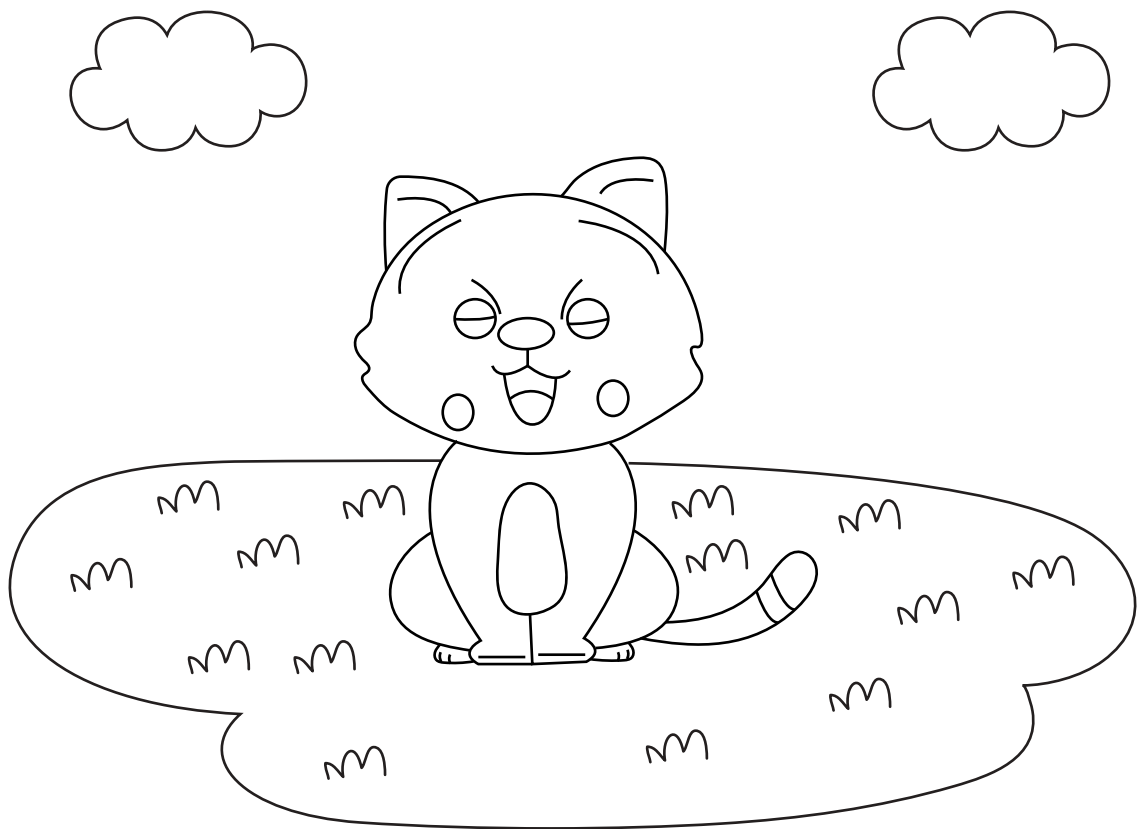
# I am confident



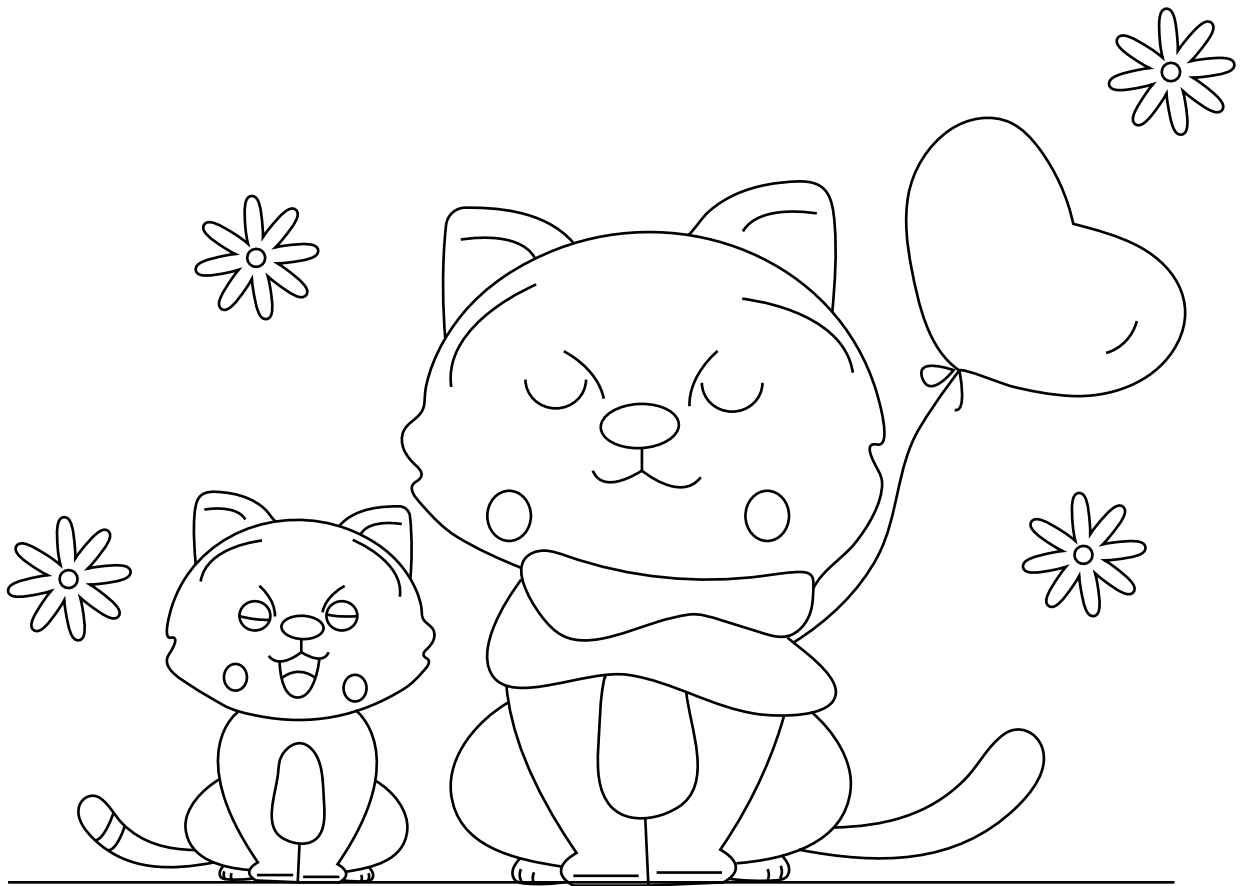
I am  
awesome!



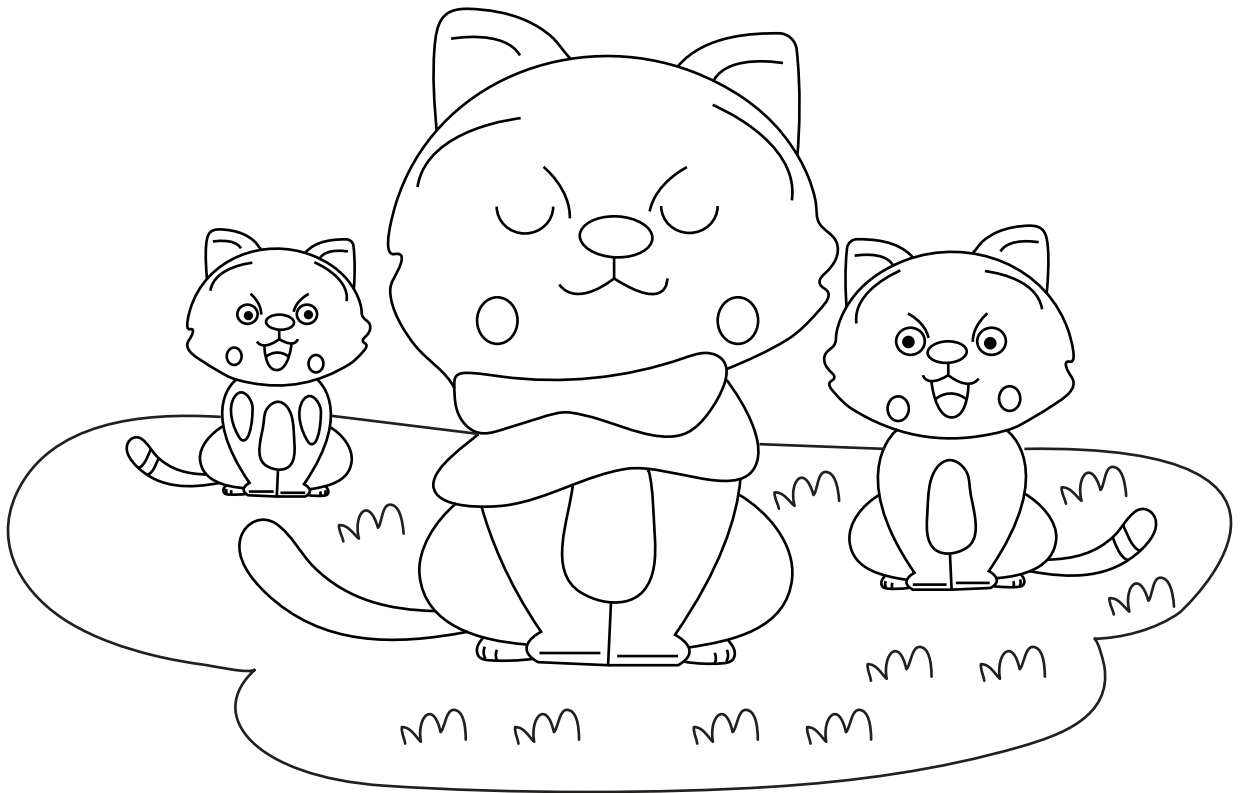
I am  
safe and secure



I am  
grateful



I include  
others

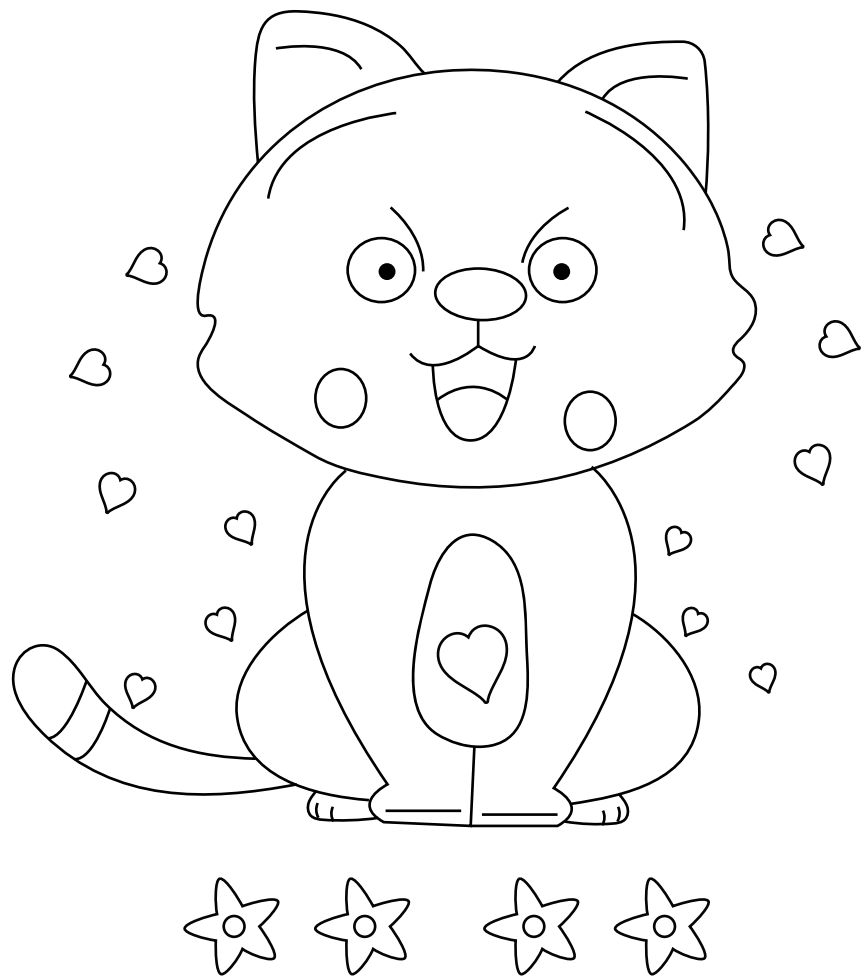


I am  
generous

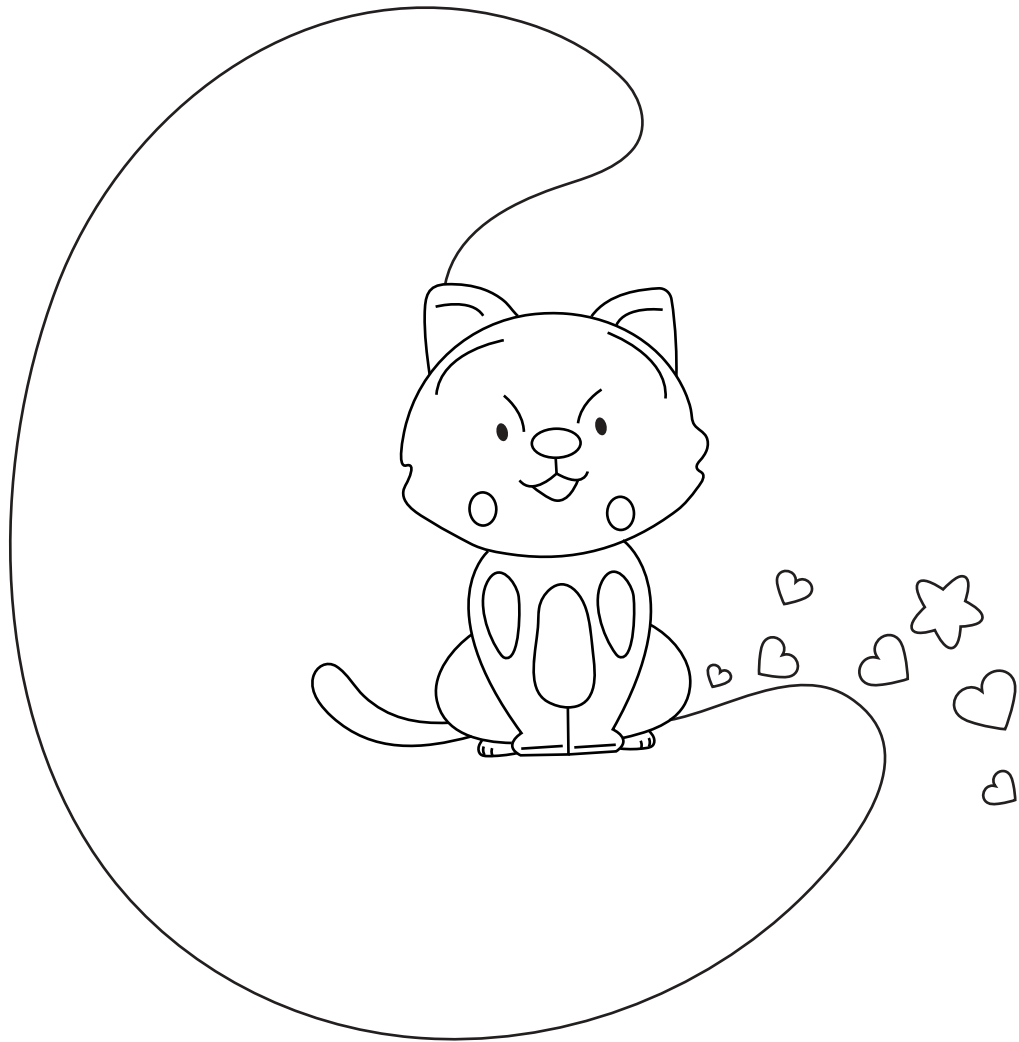




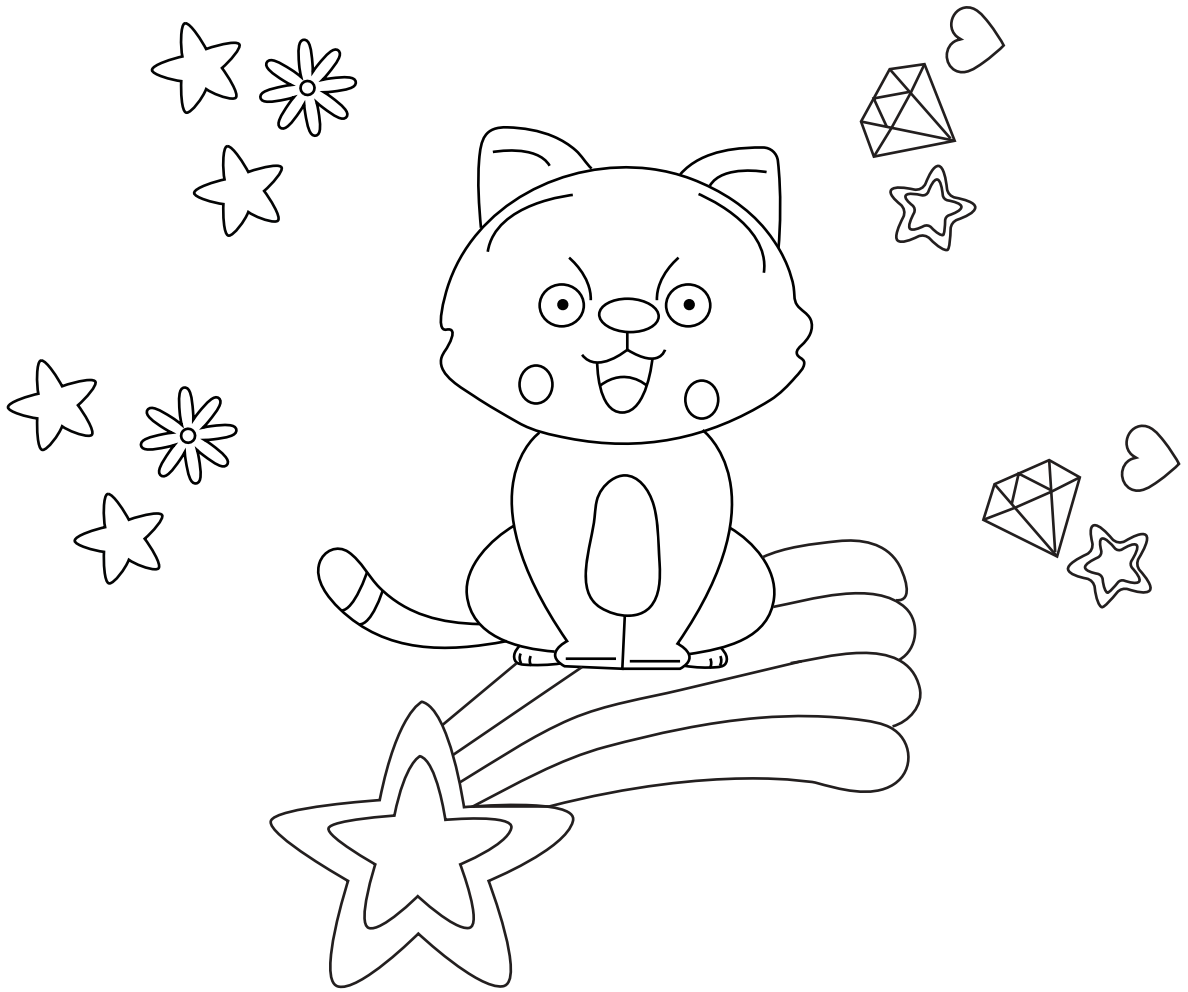
I love  
my body



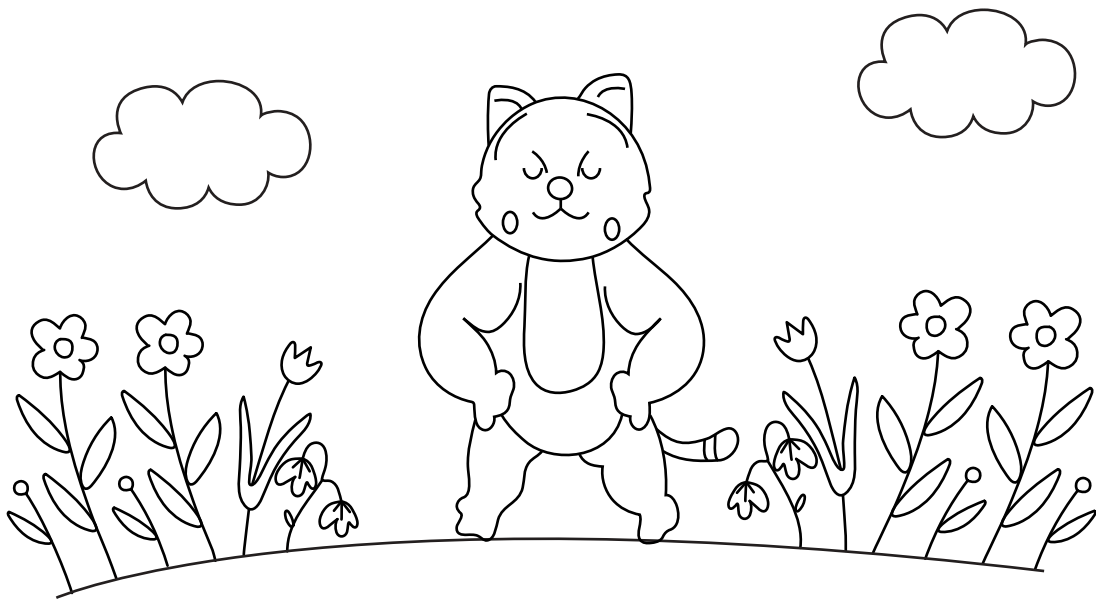
This too  
shall pass



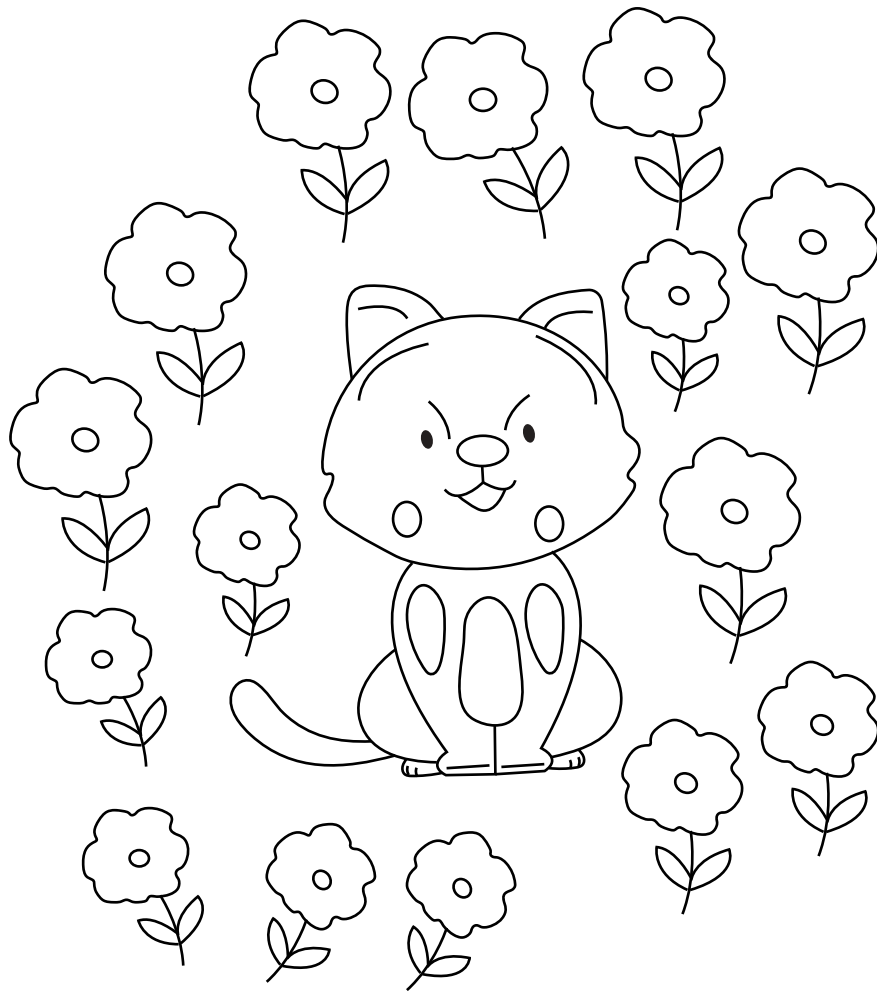
I am  
worthy



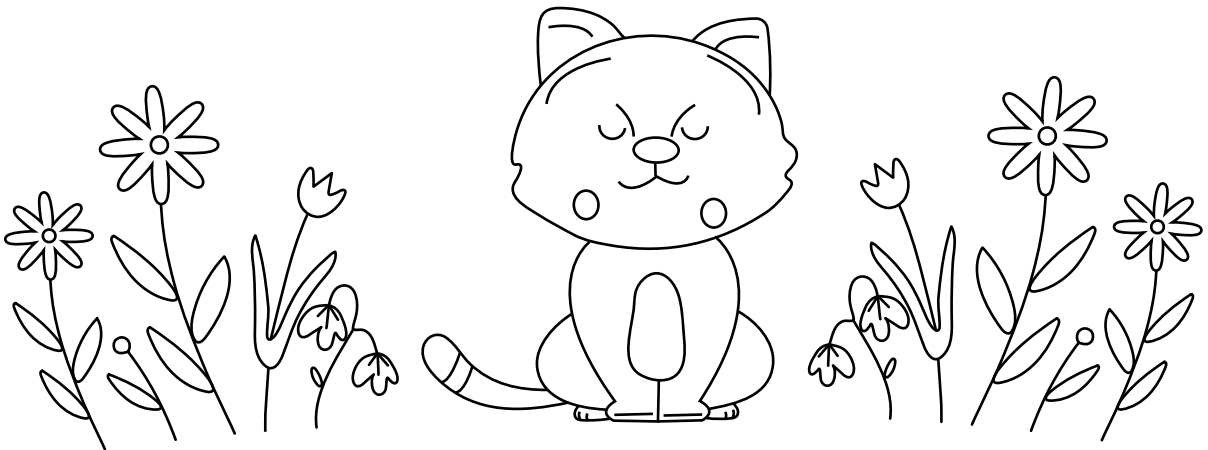
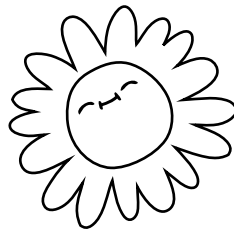
# I am Strong



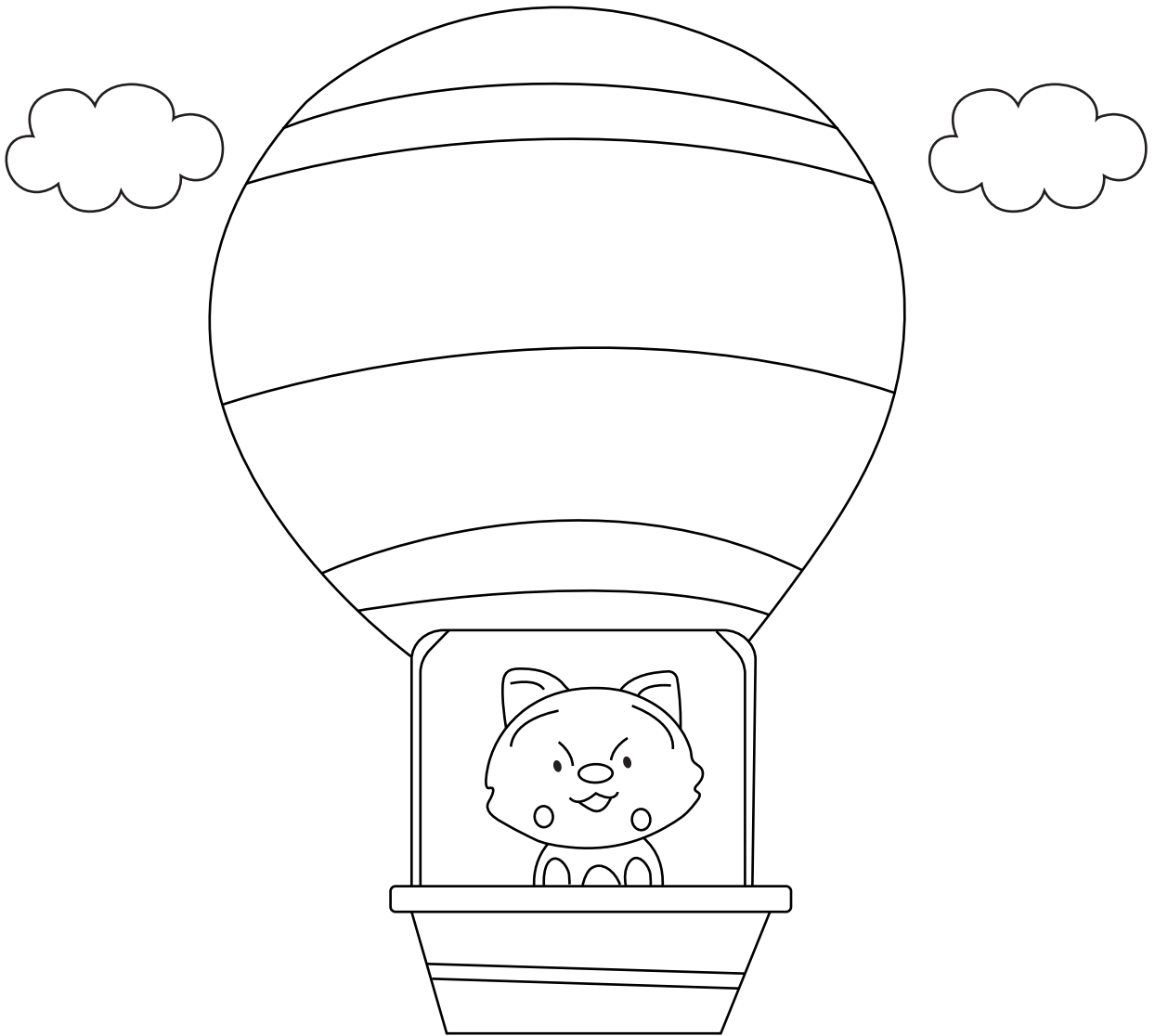
# I am Important



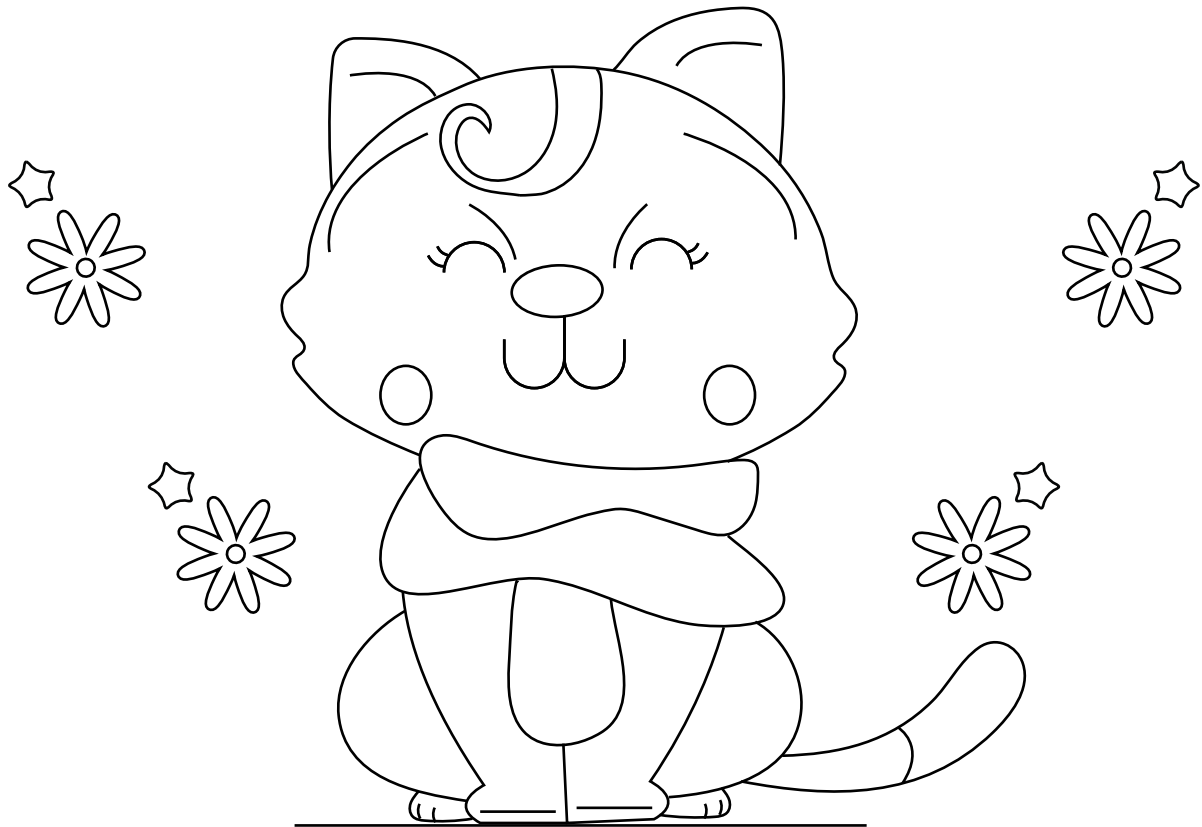
I believe  
In myself



I am  
Brave



I am  
Beautiful

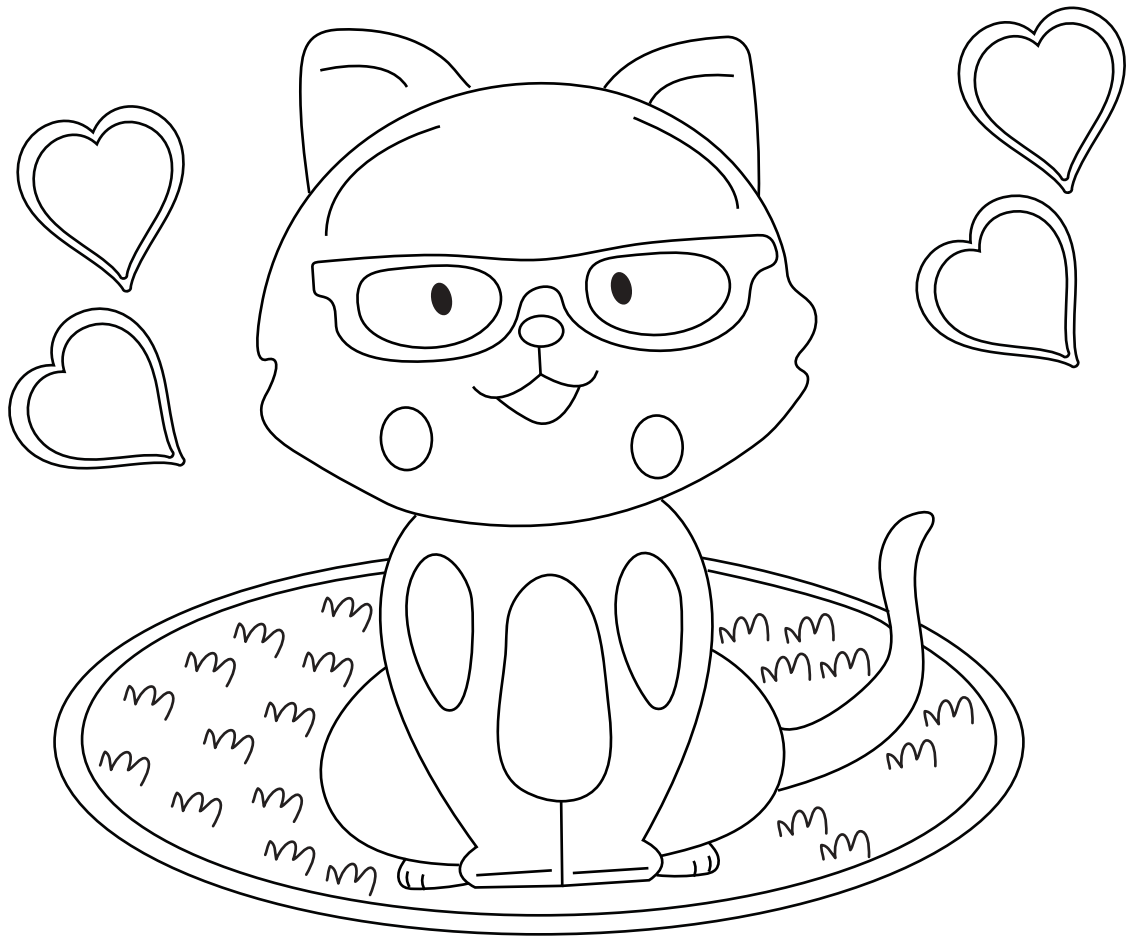




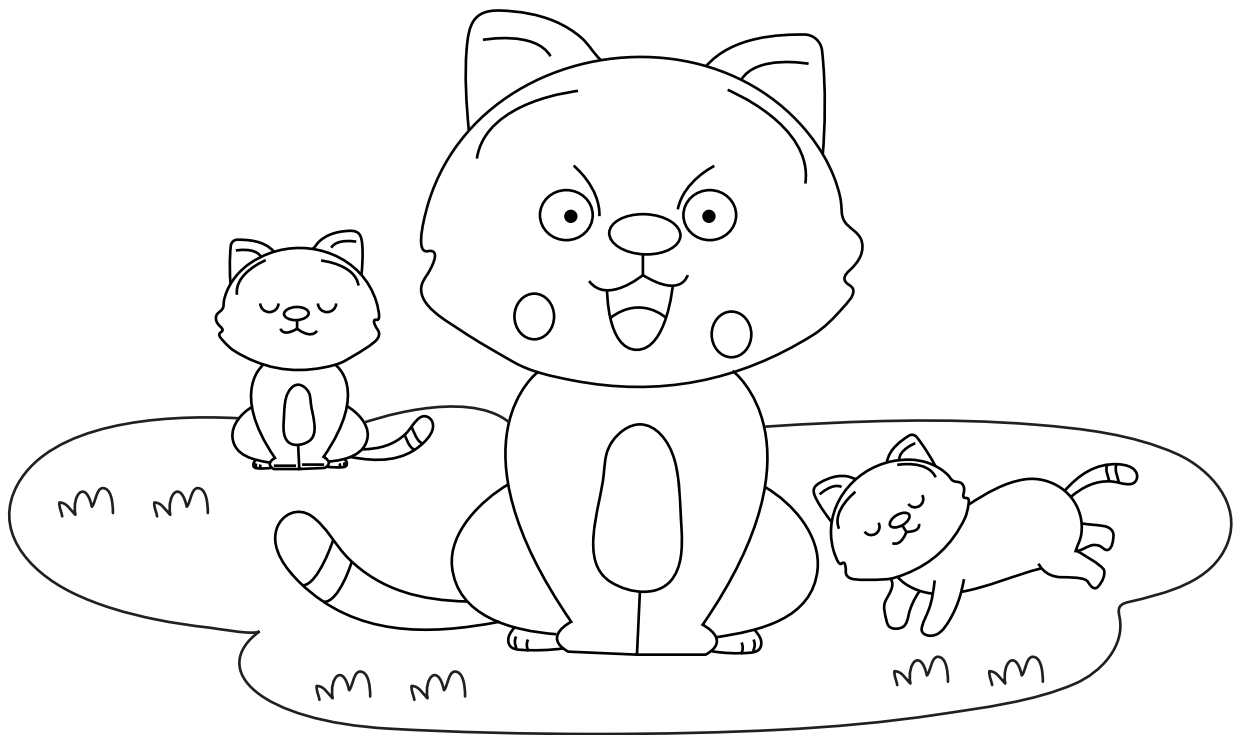
I deserve to  
be happy



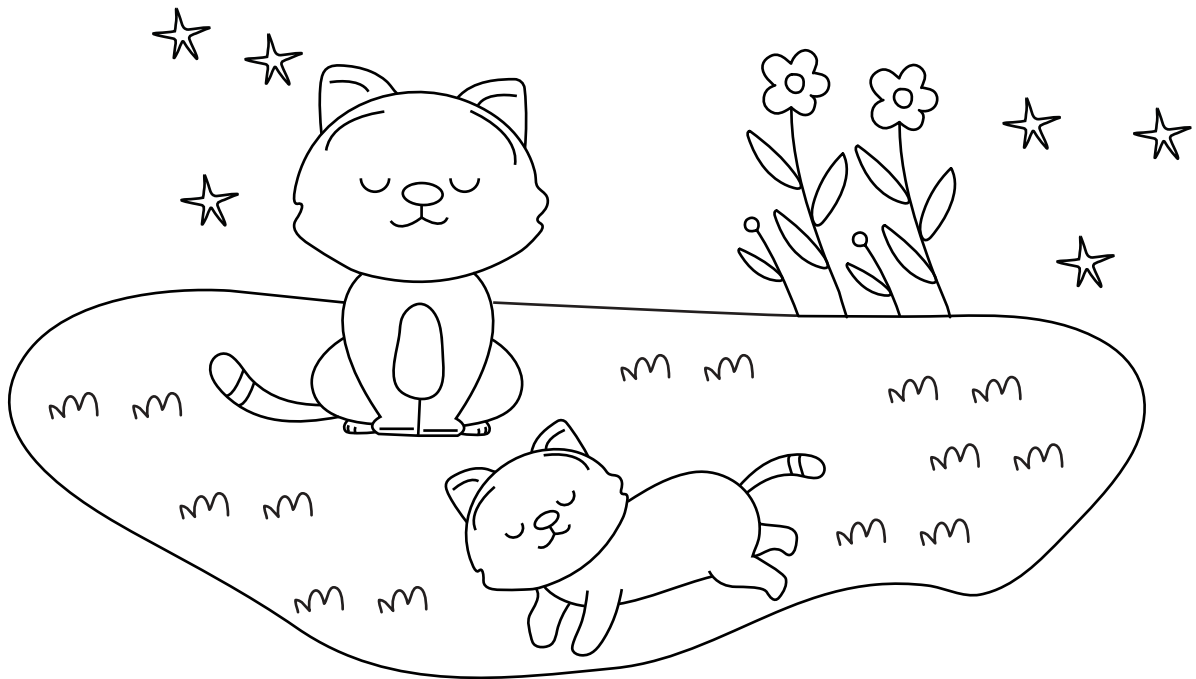
# I am Smart



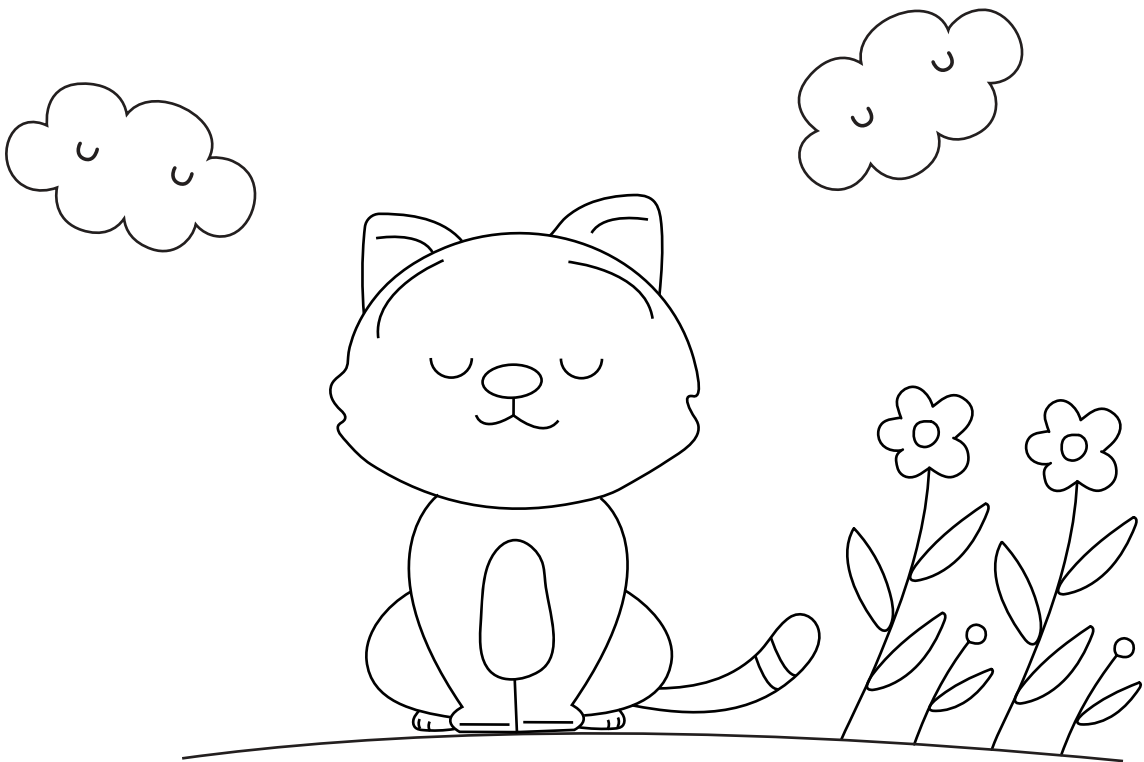
I am happy  
with what I have



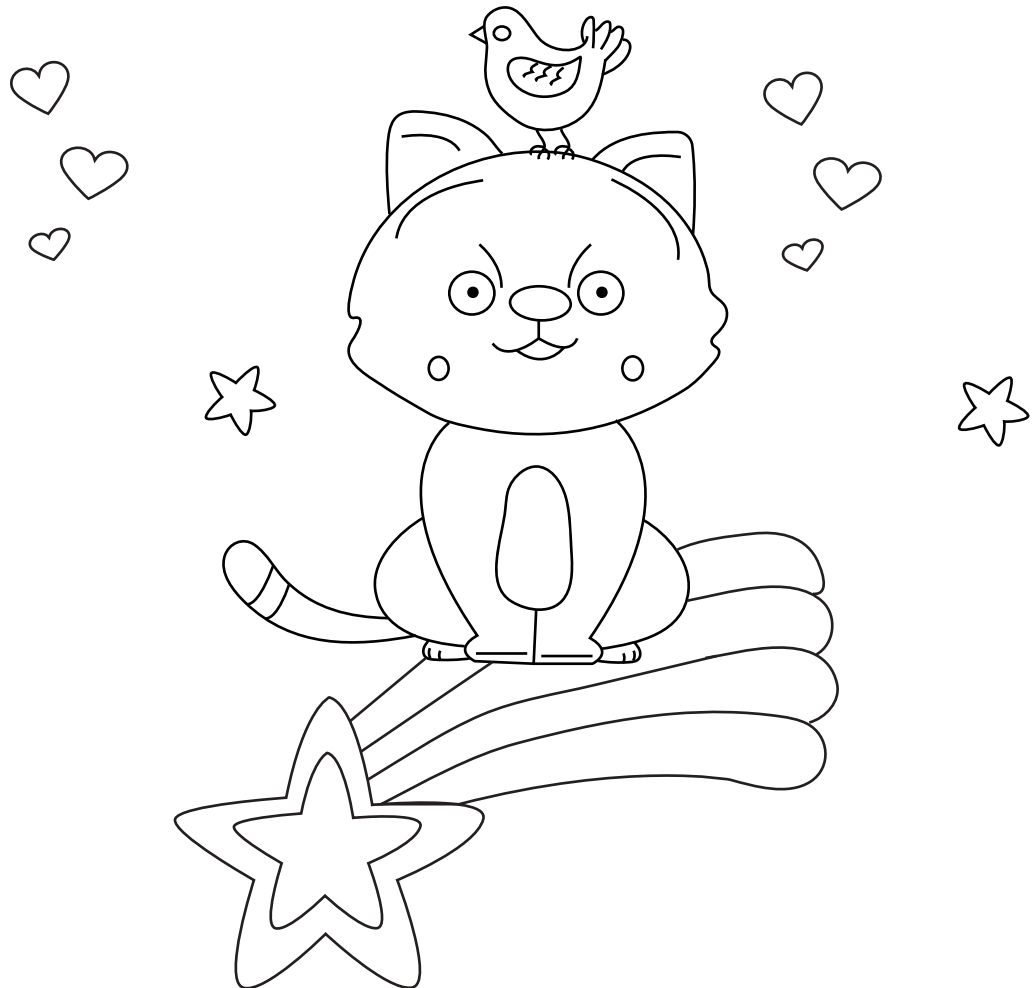
I forgive others  
for their flaws



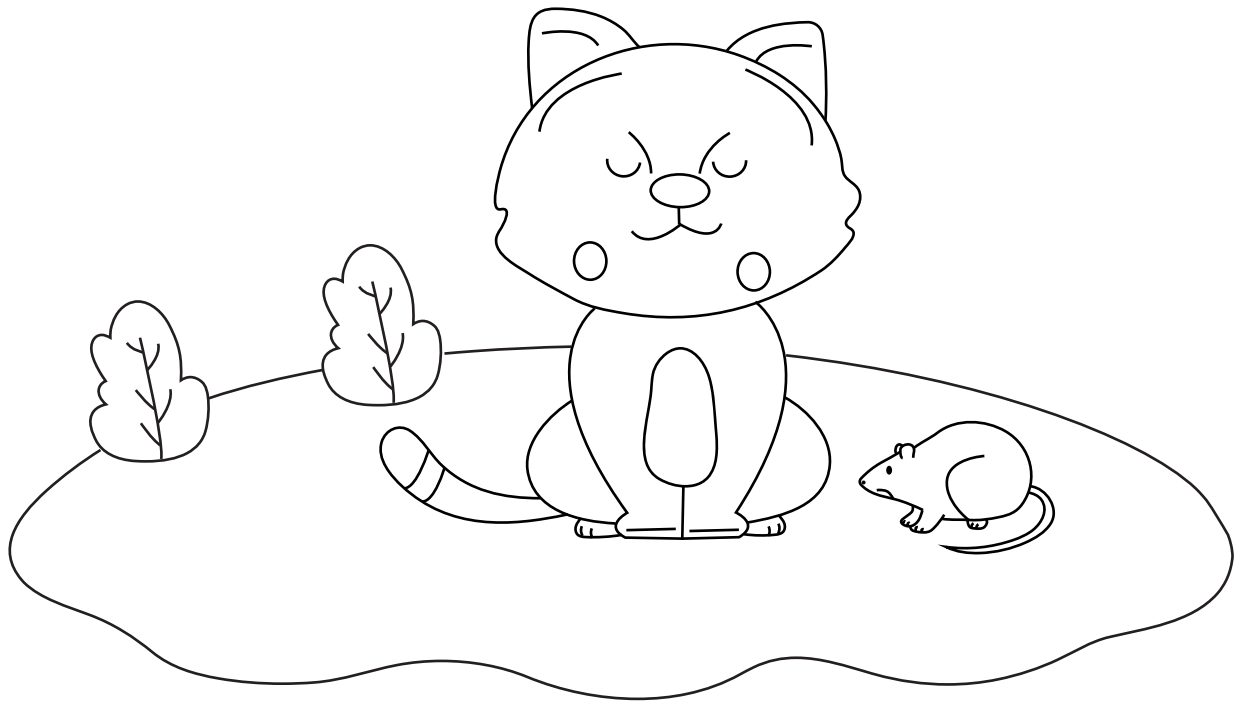
I accept  
myself



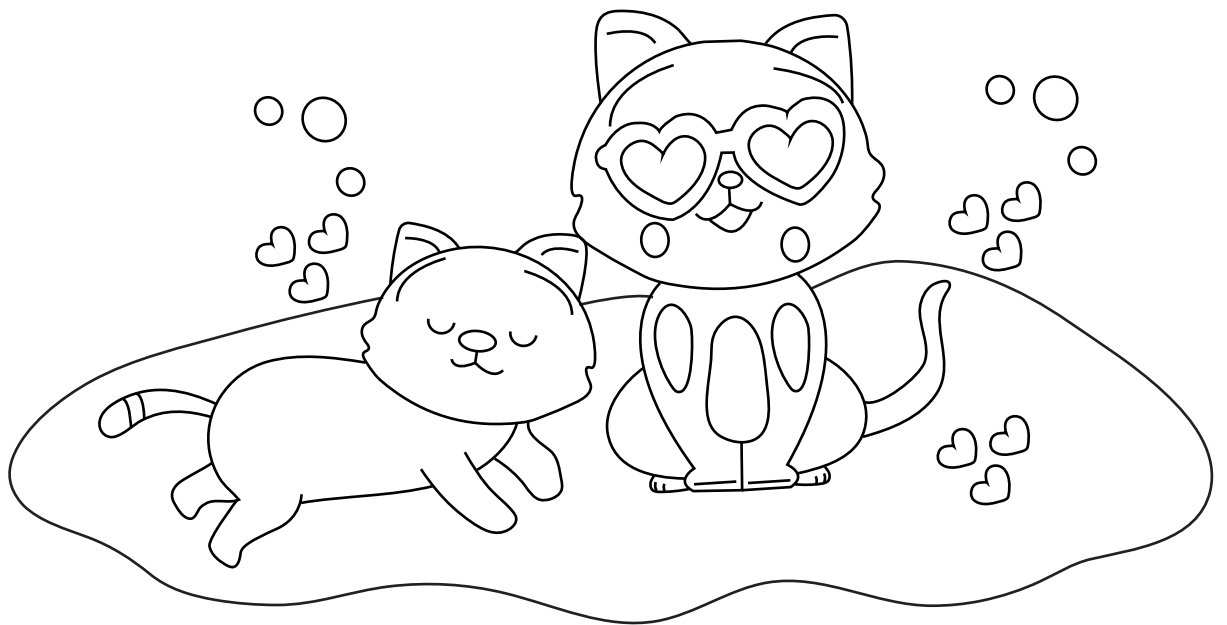
I help  
others



I am  
Kind

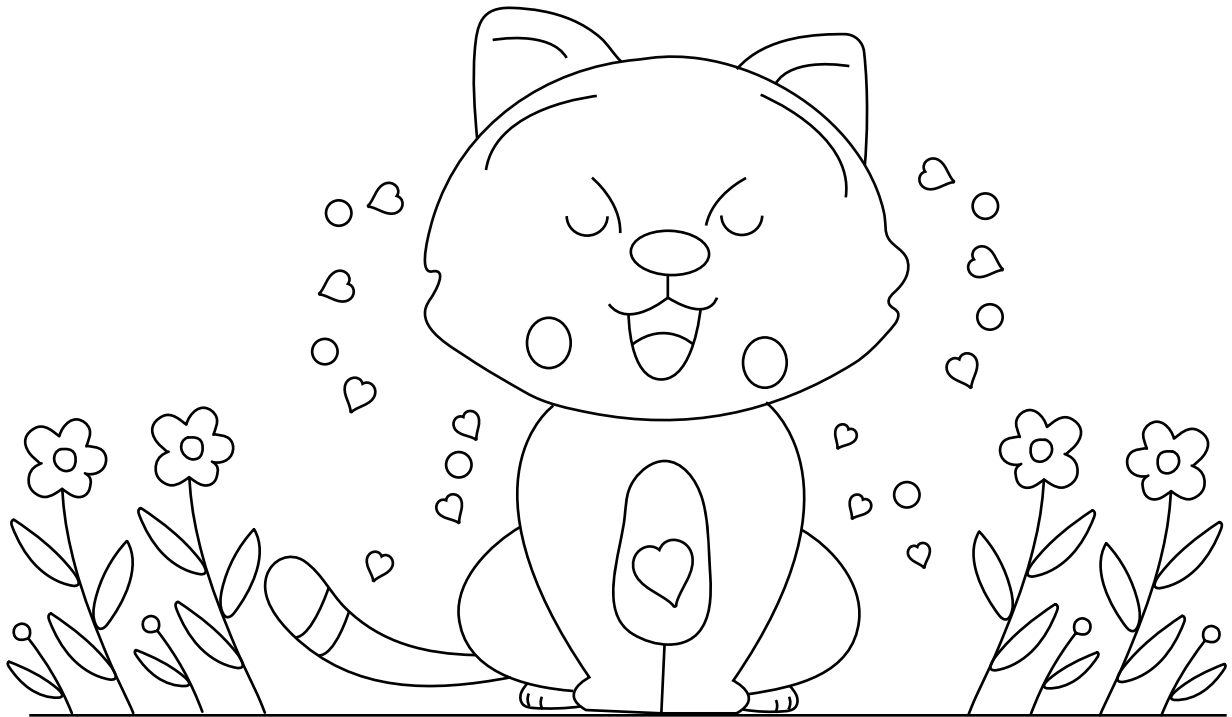


I am  
compassionate

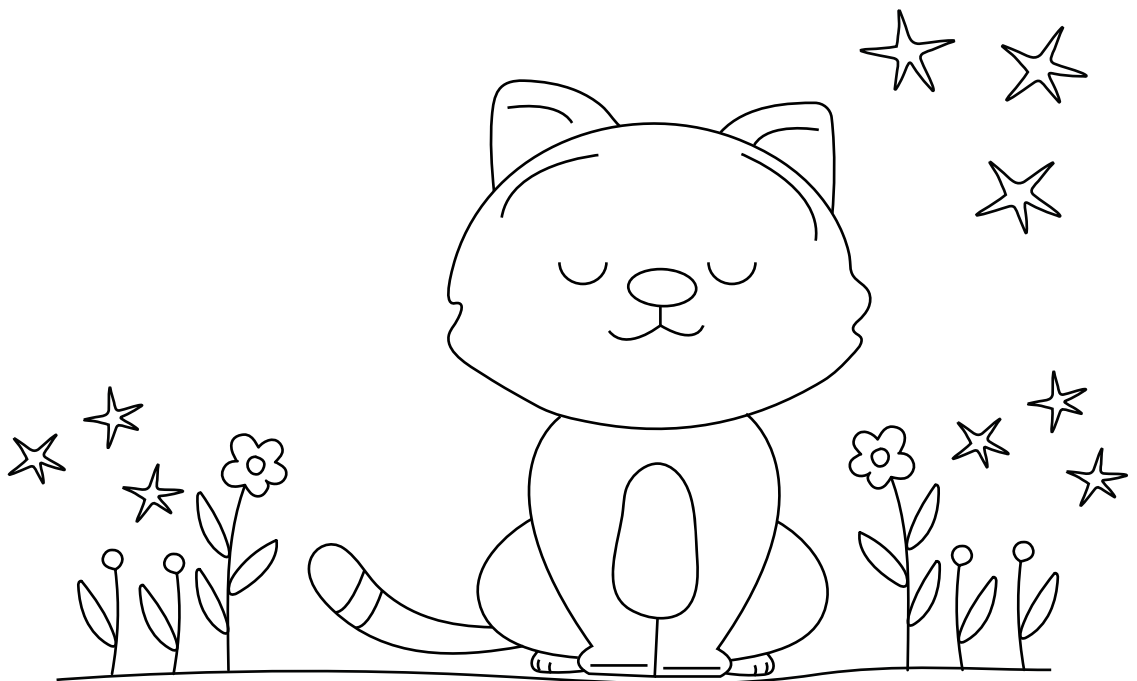




I am grateful  
to my body



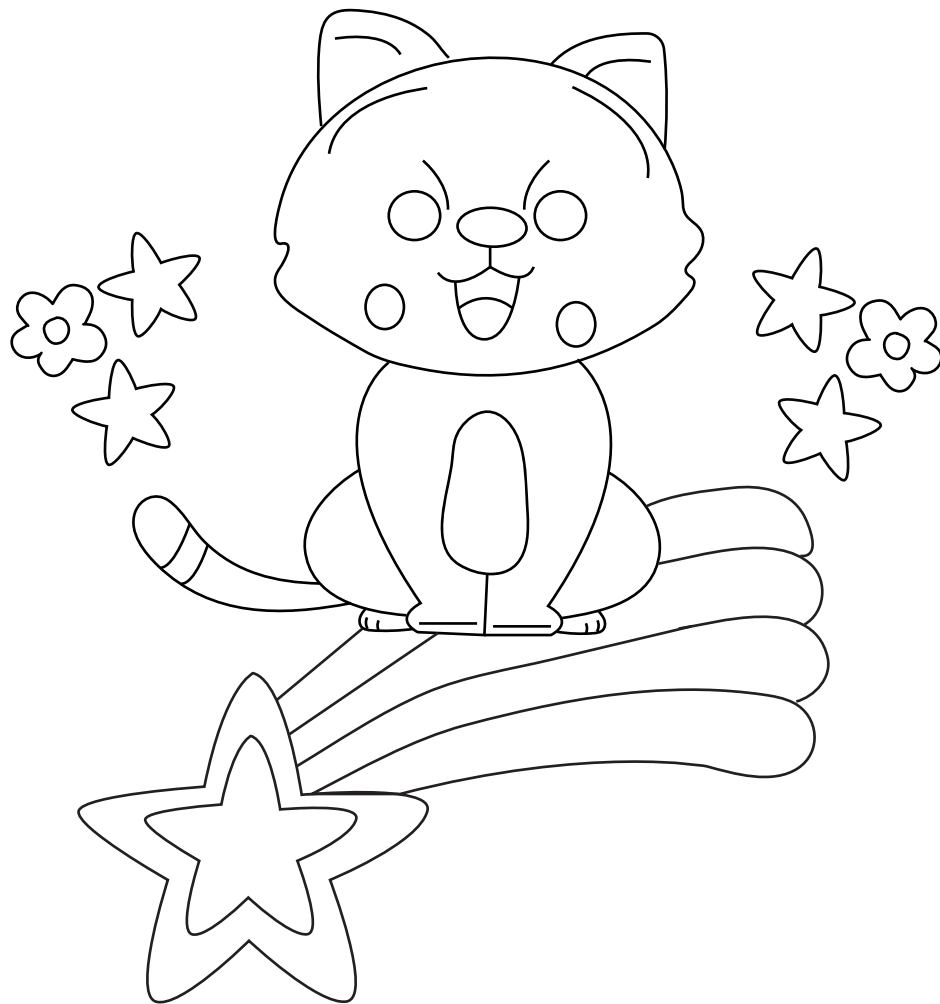
I accept  
my flaws.



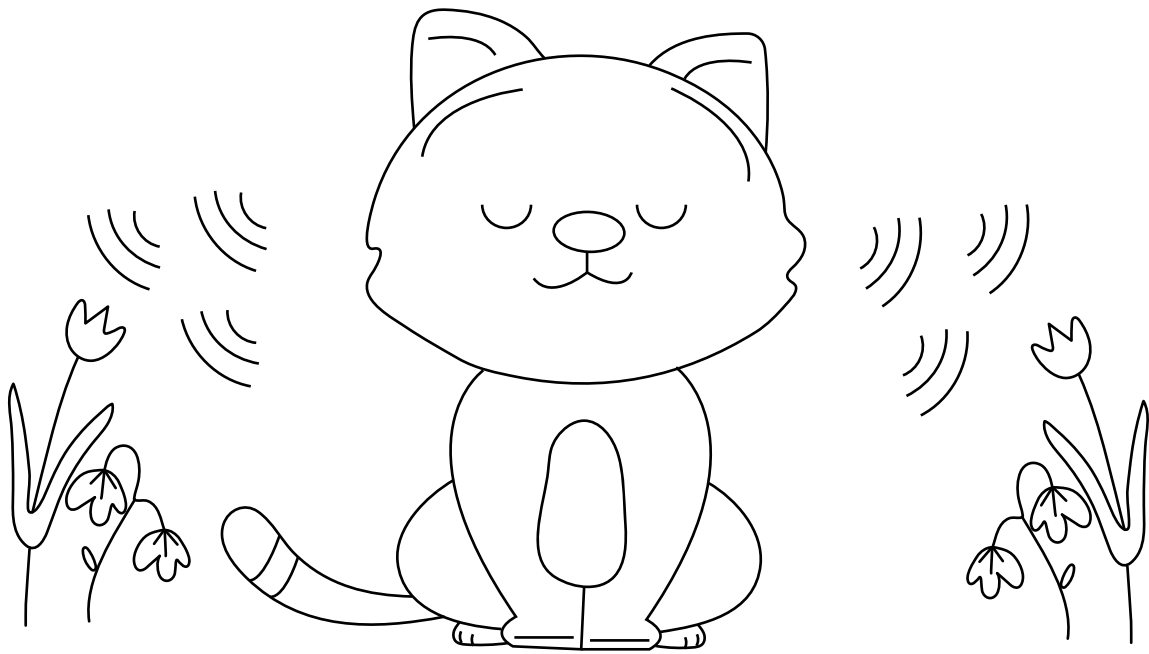
I don't need  
to be perfect



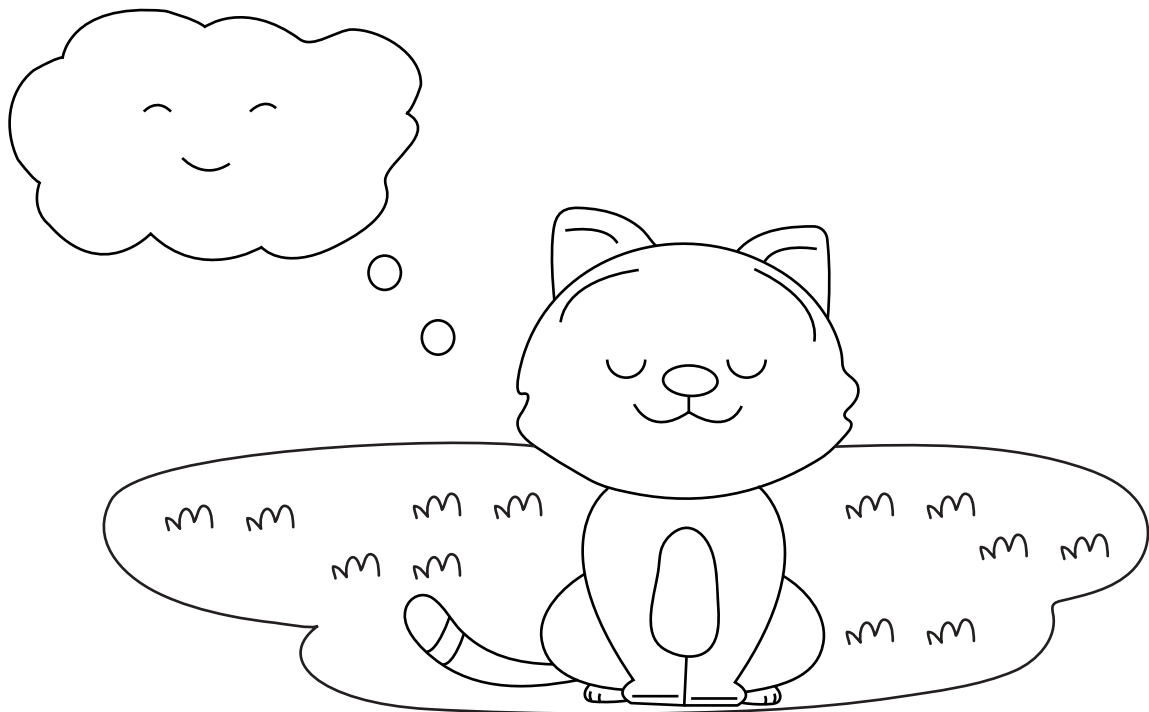
I don't compare  
myself to others



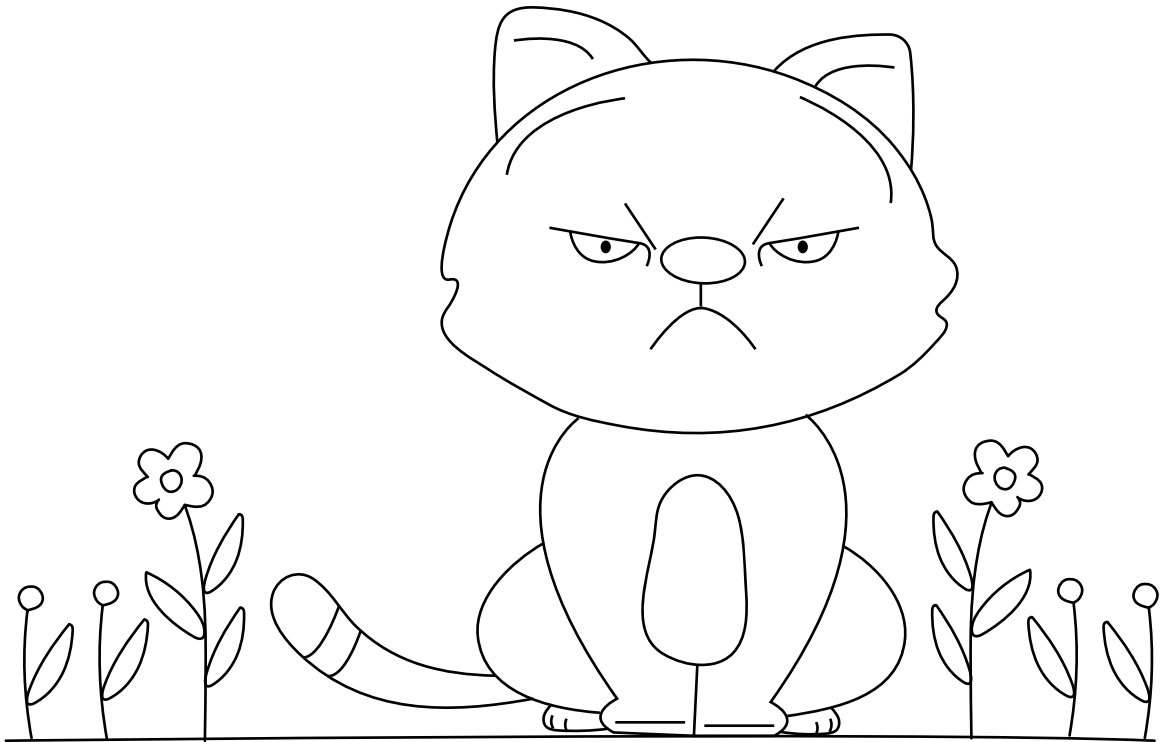
I speak to myself  
with kindness



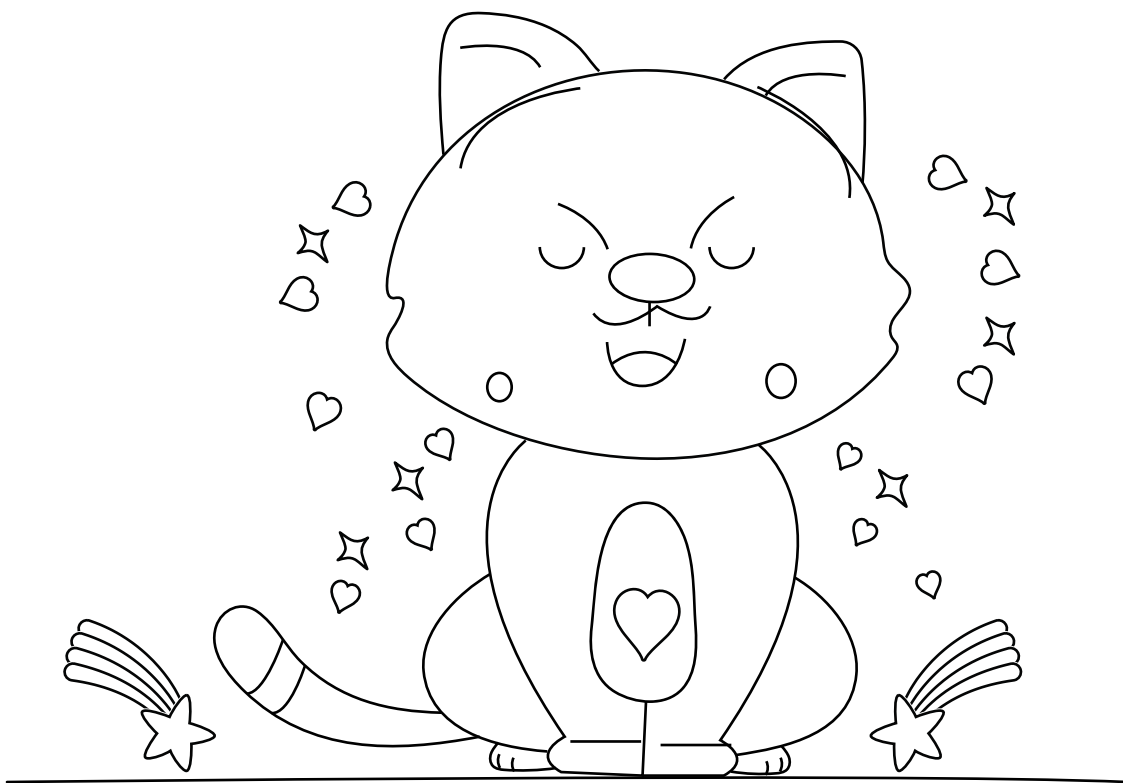
I think positive  
thoughts about myself



It's okay to  
be angry

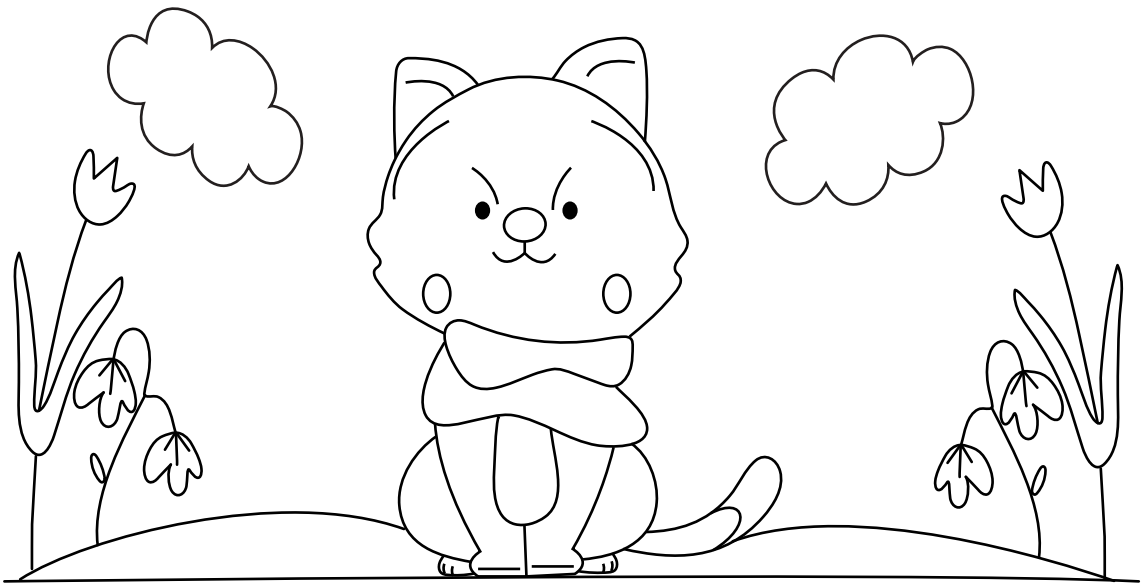


I love and accept  
all parts of myself

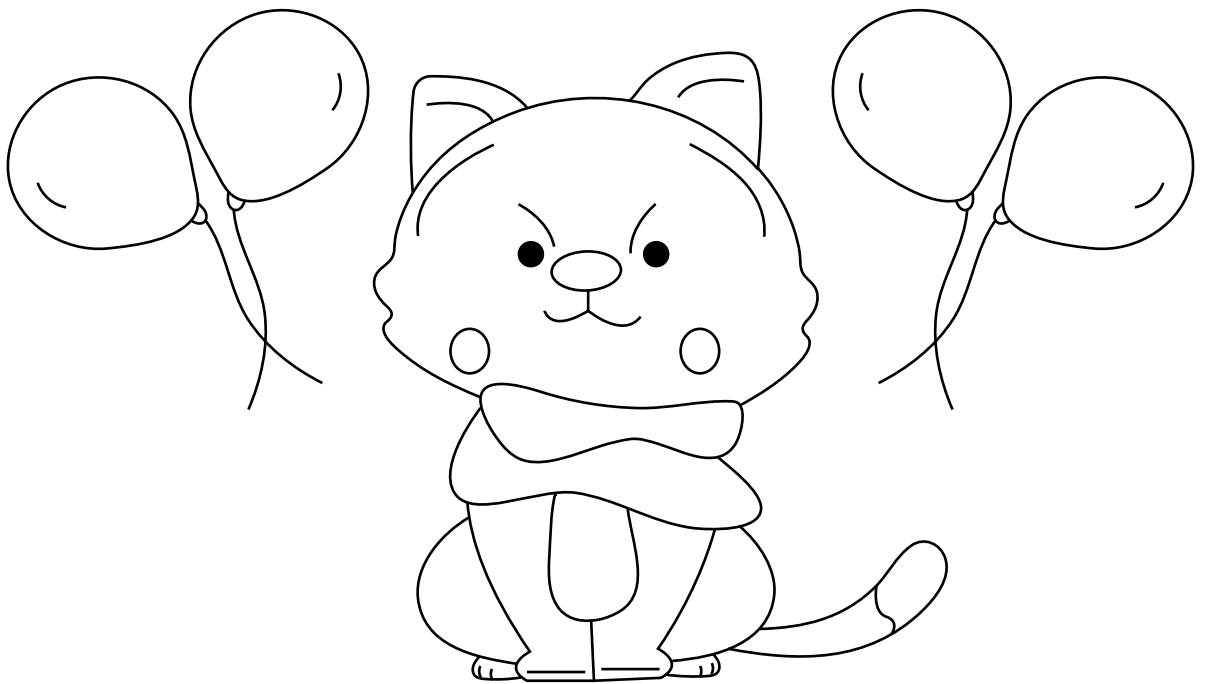




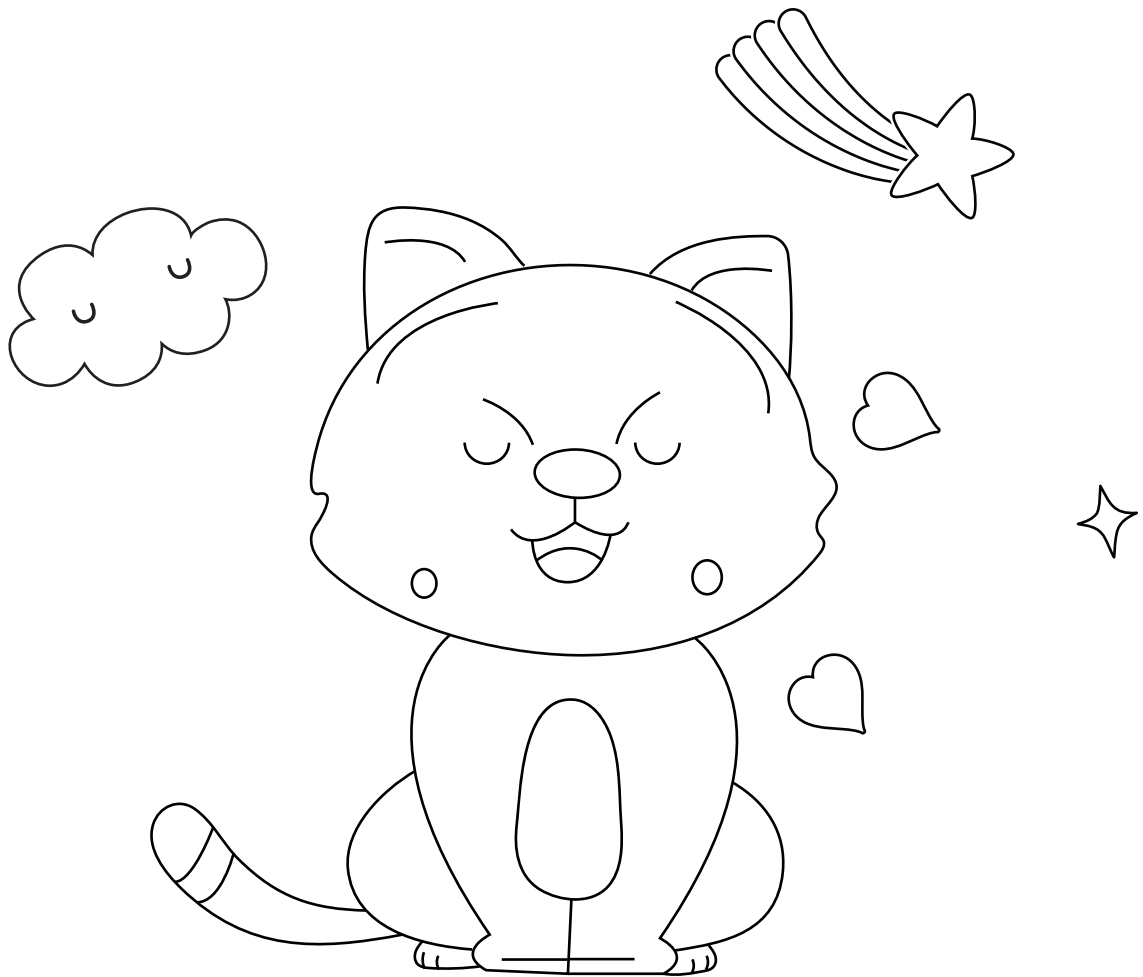
I don't need  
to be perfect  
to be accepted



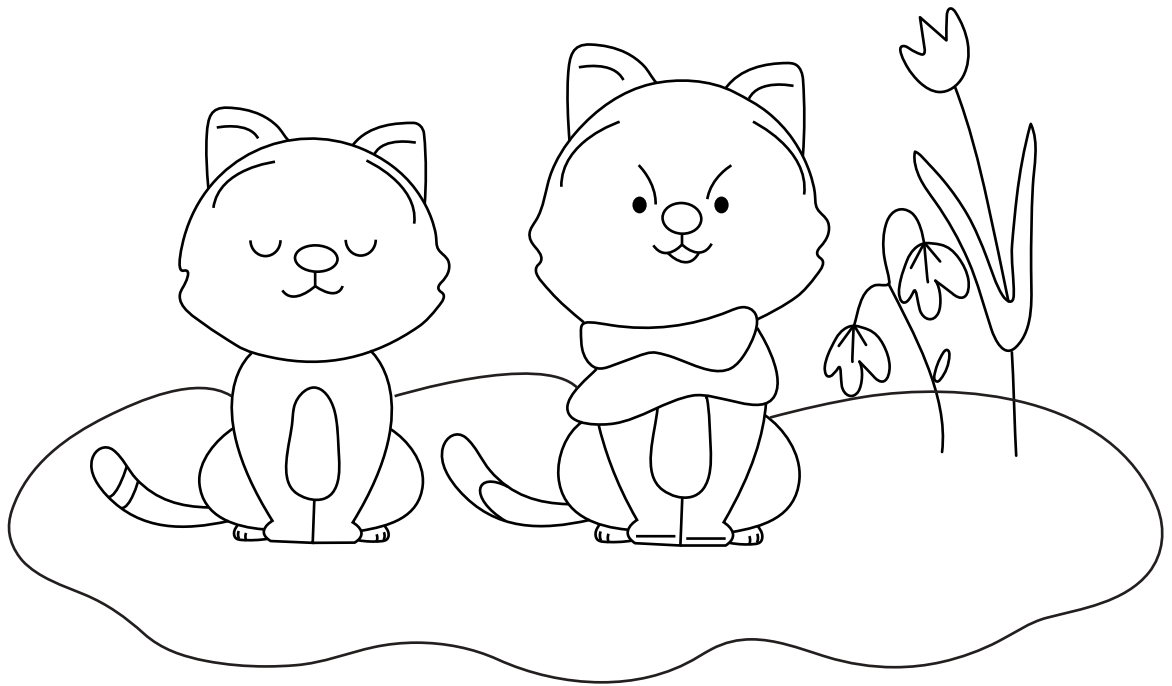
I am allowed  
to feel  
proud of myself



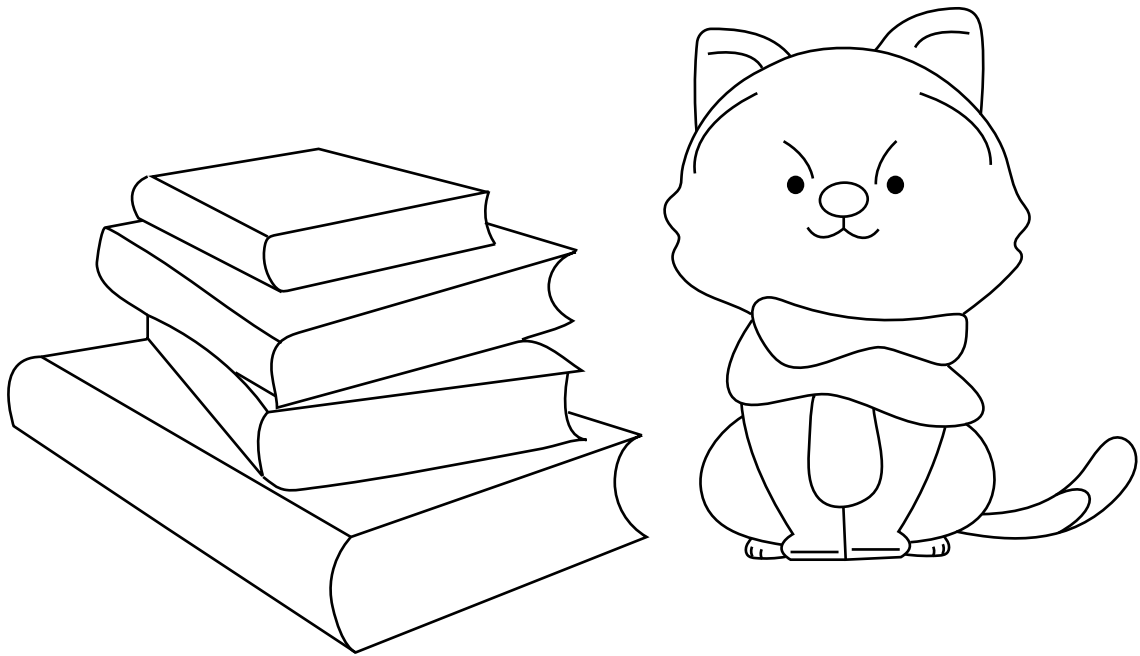
My body is perfect  
the way it is



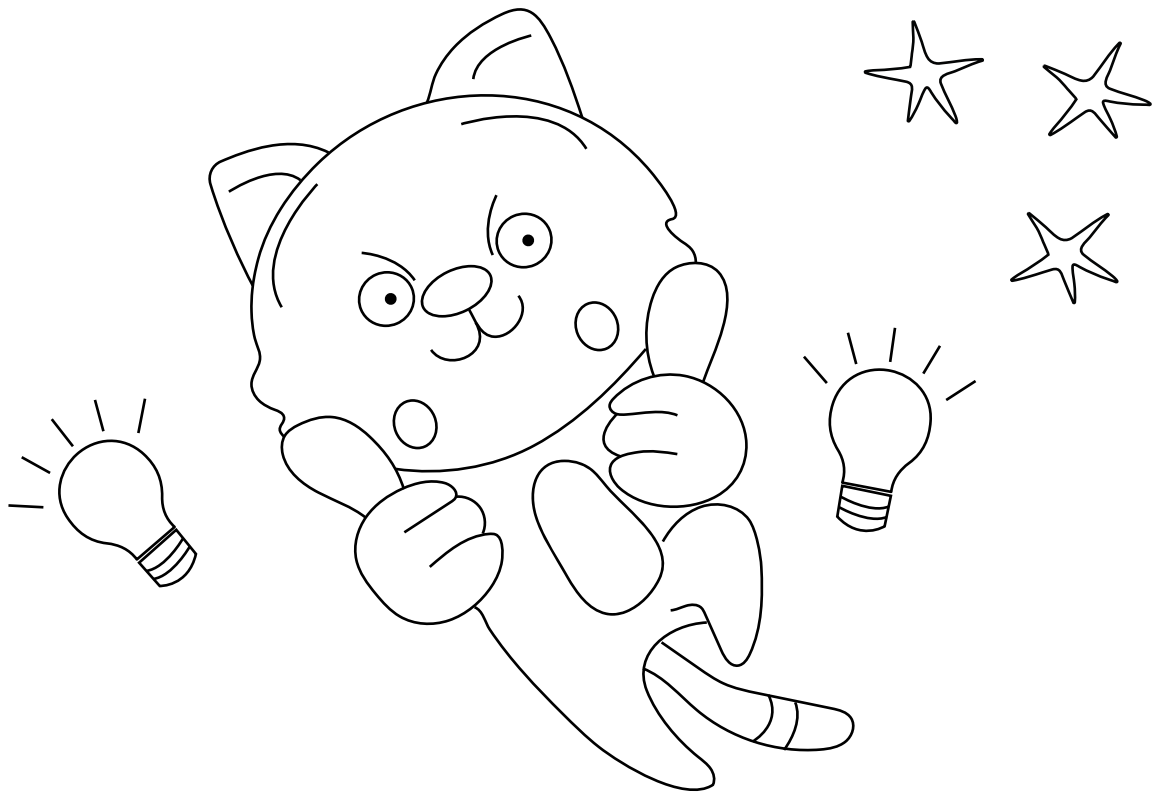
I consider other  
people's feelings



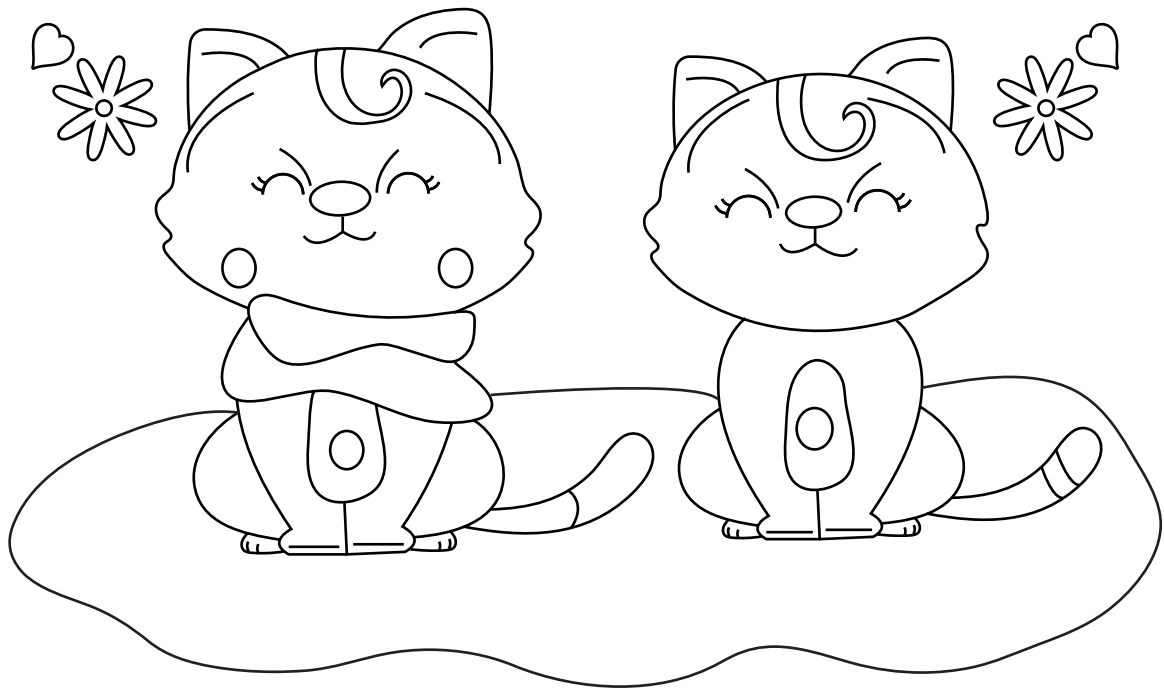
I can learn  
hard things



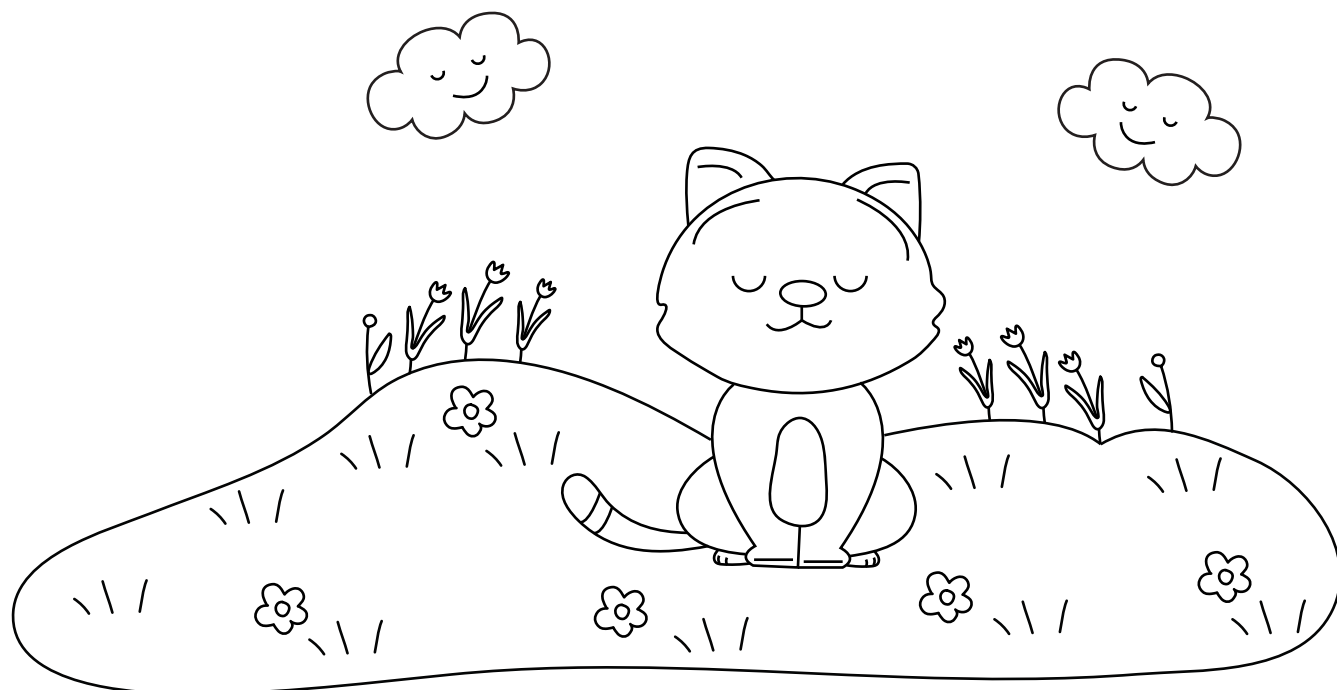
I am a problem  
solver and I will  
find a way



# Girls support girls



Failure  
is great feedback





# 38 SELF ESTEEM AND CONFIDENCE COLORING ACTIVITY FOR KIDS

Hello  
Self Esteem

